

The Healer: Gaining Momentum

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¹³ **And lead us not into temptation, but deliver us from the evil one.** 'Matthew 6:13, NIV

¹³ *When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone;* ¹⁴ **but each person is tempted when they are dragged away by their own evil desire and enticed.** ¹⁵ *Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.* James 1:13-15, NIV

⁴ *Not so the wicked! **They are like chaff** that the wind blows away.* ⁵ *Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.* Psalm 1:4-5, NIV

Temptation leads to _____ which lead to _____ .

¹ *Blessed is the one who does not **walk** in step with the wicked or **stand** in the way that sinners take or **sit** in the company of mockers,* Psalm 1:1 NIV

Christians need to use _____ when it comes to temptation.

I can't keep the birds from flying in the air, but I can keep them from nesting in my hair. **Martin Luther**

I cannot remove temptation from my life _____ .

² *but whose delight is in the law of the Lord, and who **meditates on his law day and night***³ *That person is like a tree **planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers.*** Psalm 1:2-3, NIV

Lead me not into temptation. Lead me into _____ .

_____ Teaching

_____ Disciplines

_____ Ministry

_____ Relationships

_____ Circumstances

¹⁴ *Guard the good deposit that was entrusted to you—guard it with the help of the Holy Spirit who lives in us.*

2 Timothy 1:14, NIV

⁶ *For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.* Psalm 1:6, NIV

When we gain momentum, it is the _____ who gets and keeps us going.

That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. Psalm 1:3, NIV

Through Jesus I gain spiritual _____.
I will fight every spiritual battle knowing Jesus has given me _____.

MEMORY VERSE

That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. Psalm 1:3, NIV

- ✓ Rest in Jesus and his care
- ✓ Express my need for Jesus
- ✓ Seek God's presence and power
- ✓ Imagine letting go of my hurts, habits and hang-ups
- ✓ Live transparently by owning my sin
- ✓ Invite Jesus to change my habits
- ✓ Evaluate all my relationships
- ✓ **Neutralize temptation with God's Word**

I will identify temptations in my life that I can eliminate. I will fight temptation with the help of the Holy Spirit.

What's your next step today?
Mark it on your Communication Card.