

CrossWalk **notes**

Bounce Back Ask for Help

January 10, 2021 / Dan Solofra

³ *"Blessed are the poor in spirit,
for theirs is the kingdom of heaven. Matthew 5:3, NIV*

**A fundamental step in resilience is moving from having
faith in _____ to reliance on _____.**

¹⁷ *On hearing this, Jesus said to them, "It is not the healthy who need a
doctor, but the sick. I have not come to call the righteous, but sinners."
Mark 2:17. NIV*

God offers help for the _____ and _____.

**Two ditches in our conversation are _____ and
_____.**

¹ *What causes fights and quarrels among you? Don't they come from your
desires that battle within you? . . .
⁵ Or do you think Scripture says without reason that he jealously longs for
the spirit he has caused to dwell in us? ⁶ But he gives us more grace. That is
why Scripture says:*

*"God opposes the proud
but shows favor to the humble." James 4:1;5-6, NIV*

God's relationship with me has to be _____.

**Being _____ is a deadly attitude that
changes God from my greatest ally to my enemy.**

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¹³ Now listen, you who say, “Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money.” ¹⁴ Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes. **James 4:13-14, NIV**

God doesn’t want me to _____ because of unsettling events, but he does want me to despair of _____ to solve them.

¹⁵ Instead, you ought to say, “If it is the Lord’s will, we will live and do this or that.” ¹⁶ As it is, you boast in your arrogant schemes. All such boasting is evil. ¹⁷ If anyone, then, knows the good they ought to do and doesn’t do it, it is sin for them. **James 4:15-17, NIV**

**My weakness does NOT give me the right to do _____.
I will plan and work inside of God’s _____.**

¹⁴ “Sacrifice thank offerings to God, fulfill your vows to the Most High,
¹⁵ and call on me in the day of trouble; I will deliver you, and you will honor me.” **Psalm 50:14-15, NIV**

⁵ If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. **James 1:5, NIV**

**I will _____ God for help in my time of need.
Jesus is now the _____ of my story.**

MEMORY VERSE

¹⁵ Instead, you ought to say, “If it is the Lord’s will, we will live and do this or that. **James 4:15, NIV**

My next step: God wants me to develop the reflex of trusting in him. As I face the many issues of my life that are too big for me to handle, I will admit my need by asking him for help.

What’s your next step today?

Mark it on your Communication Card.

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