

Escape

Escape from Chemical Dependency

August 8, 2021 / Dan Solofra

Do you have a happy place?

²⁸ “Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.” **Matthew 11:28-30, NIV**

Jesus wants me to rest in him and his promises.

My rest is:

- _____
- _____
- _____
- _____

²⁹ Who has woe? Who has sorrow? Who has strife? Who has complaints?
Who has needless bruises? Who has bloodshot eyes?

³⁰ Those who linger over wine,
who go to sample bowls of mixed wine. **Proverbs 23:29-30, NIV**

All of us have difficult _____, but we cannot
drown our sorrows in _____.

³¹ Do not gaze at wine when it is red,
when it sparkles in the cup,
when it goes down smoothly!

³² In the end it bites like a snake
and poisons like a viper. **Proverbs 23:31-32, NIV**

Finding answers in a bottle ends with a _____.

³³ Your eyes will see strange sights,
and your mind will imagine confusing things. **Proverbs 23:33, NIV**

⁸ Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. **1 Peter 5:8, NIV**

**Chemicals _____ our thinking and make us
vulnerable to poor judgment and deadly situations.**

³⁴ You will be like one sleeping on the high seas,
lying on top of the rigging.

³⁵ “They hit me,” you will say, “but I’m not hurt!
They beat me, but I don’t feel it!

When will I wake up

so I can find another drink?” **Proverbs 23:34-35, NIV**

One sign of addiction is when you drink to feel _____.

³ At one time we too were foolish, disobedient, deceived and **enslaved by all kinds of passions and pleasures**. We lived in malice and envy, being hated and hating one another. ⁴ But when the kindness and love of God our Savior appeared, ⁵ he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit, ⁶ whom he poured out on us generously through Jesus Christ our Savior, ⁷ so that, having been justified by his grace, we might become heirs having the hope of eternal life. **Titus 3:3-7, NIV**

**Jesus offers an _____ for those caught in the trap
of addiction by offering _____ and _____.**

MEMORY VERSE

⁵ he saved us, not because of righteous things we had done, but because of his mercy. **Titus 3:5, NIV**

My next step: I will rest in Jesus and his promises. Jesus has broken the chains of addiction. I will seek out the help I need with addiction for myself or a loved one.

What’s your next step today?

Mark it on your Communication Card.