

CrossWalk **notes**

Escape

Escape from the Trap of Sexual Sin

August 22, 2021 / Dan Solofra

Do you have a happy place?

²⁸ “Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.” **Matthew 11:28-30, NIV**

Jesus wants me to _____ in him and his promises.

My rest is spiritual, physical, emotional, and rational.

²⁷ “You have heard that it was said, ‘You shall not commit adultery.’ ²⁸ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. ²⁹ If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. ³⁰ And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell. **Matthew 5:27-30, NIV**

Sexual sin infects _____ of us. In an effort to gain

_____ we often settle for sexual _____.

11 In the spring, at the time when kings go off to war, David sent Joab out with the king’s men and the whole Israelite army. . . . But David remained in Jerusalem. ² One evening David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful, ³ and David sent someone to find out about her. The man said, “She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite.” ⁴ Then David sent messengers to get her. She came to him, and he slept with her. . . . Then she went back home. ⁵ The woman conceived and sent word to David, saying, “I am pregnant.” **2 Samuel 11:1-5, NIV**

It is easy to _____ into sexual sin, but the fallout from it will always _____ to us.

¹The Lord sent Nathan to David. . . . ⁷ Then Nathan said to David, “You are the man! This is what the Lord, the God of Israel, says: ‘I anointed you king over Israel, and I delivered you from the hand of Saul. ⁸ I gave your master’s house to you, and your master’s wives into your arms. I gave you all Israel and Judah. And if all this had been too little, I would have given you even more. ⁹ Why did you despise the word of the Lord by doing what is evil in his eyes? You struck down Uriah the Hittite with the sword and took his wife to be your own. You killed him with the sword of the Ammonites. **2 Samuel 12:1,7-9, NIV**

¹³ Then David said to Nathan, “I have sinned against the Lord.” Nathan replied, “The Lord has taken away your sin. You are not going to die. ¹⁴ But because by doing this you have shown utter contempt for the Lord, the son born to you will die.” **2 Samuel 12:13-14, NIV**

The start to healing from sexual sin is _____ and _____.

¹² Therefore do not let sin reign in your mortal body so that you obey its evil desires. ¹³ Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness. ¹⁴ For sin shall no longer be your master, because you are not under the law, but under grace. **Romans 6:12-14, NIV**

I will make a _____ to live under _____.

MEMORY VERSE

¹³ Then David said to Nathan, “I have sinned against the Lord.” Nathan replied, “The Lord has taken away your sin.” **2 Samuel 12:13, NIV**

My next step: I will start my journey of escape from sexual addiction. I will go to the Conquers through Christ website and get the help and resources I need for myself, my family and my friends.

What’s your next step today?
Mark it on your Communication Card.