

No Help At All

Just Stop – Battling Addiction

August 25, 2019 / Dan Solofra

The first truth to understand about addiction:

- I may have a _____ problem.
- I definitely have a _____ problem.

¹³ Therefore, with minds that are **alert and fully sober**, set your hope on the grace to be brought to you when Jesus Christ is revealed at his coming. ¹⁴ As obedient children, do **not conform to the evil desires you had when you lived in ignorance**. ¹⁵ But just as he who called you is holy, so be holy in all you do; ¹⁶ for it is written: "**Be holy, because I am holy.**" 1 Peter 1:13-16, NIV

What do I think about _____?

God has made me holy: _____ for a special purpose.

¹⁷ Since you call on a Father who judges each person's work impartially, live out your time as foreigners here in reverent fear. ¹⁸ For you know that it was not with perishable things such as silver or gold **that you were redeemed** from the empty way of life handed down to you from your ancestors, ¹⁹ but **with the precious blood of Christ**, a lamb without blemish or defect. 1 Peter 1:17-19, NIV

How do I think about _____?

- I can't do it by _____.
- I need a power _____ than myself.
- The powerful and precious blood of Jesus redeems me (sets me free from _____).

How has your addiction made you a slave?

²⁰ He was chosen before the creation of the world, but was **revealed in these last times for your sake**. ²¹ Through him you believe in God, **who raised him from the dead and glorified him, and so your faith and hope are in God**. 1 Peter 1:20-21 NIV

How do I think about my _____? I have

for the future because I am letting God control it.

²² Now that you have purified yourselves by obeying the truth so that you have sincere love for each other, **love one another deeply, from the heart**. ²³ For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God. ²⁴ For, "All people are like grass, and all their glory is like the flowers of the field; the grass withers and the flowers fall, ²⁵ but **the word of the Lord endures forever**." And this is the word that was preached to you. 1 Peter 1:22-25, NIV

How do I think about those _____ me?

I will _____ as Christ has forgiven me.

I will _____ myself with people who truly love me and encourage me in my sober thinking.

MEMORY VERSE

¹⁸ For you know that it was not with perishable things such as silver or gold **that you were redeemed** from the empty way of life handed down to you from your ancestors, ¹⁹ but **with the precious blood of Christ**, a lamb without blemish or defect. 1 Peter 1:18-19, NIV

My next step: I will rely on the power of Jesus to make me clean. I will not only seek to change my behaviors, but the way I think about myself and God's love for me

What's your next step today?

Mark it on your Communication Card.