

Safe Haven

God Is Our Safe Haven

August 5, 2018 / Jeff Gunn

For the director of music. Of the Sons of Korah. According to alamoht. A song.

¹ God is our refuge and strength,
an ever-present help in trouble.

² Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea,

³ though its waters roar and foam
and the mountains quake with their surging.

⁴ There is a river whose streams make glad the city of God,
the holy place where the Most High dwells.

⁵ God is within her, she will not fall;
God will help her at break of day.

⁶ Nations are in uproar, kingdoms fall;
he lifts his voice, the earth melts.

⁷ The Lord Almighty is with us;
the God of Jacob is our fortress.

⁸ Come and see what the Lord has done,
the desolations he has brought on the earth.

⁹ He makes wars cease
to the ends of the earth.

He breaks the bow and shatters the spear;
he burns the shields with fire.

¹⁰ He says, "Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth."

¹¹ The Lord Almighty is with us;
the God of Jacob is our fortress. **Psalm 46:1-11, NIV**

We _____ to feel safe. That's why it's important to
know: God is our _____.

What about when I can't seem to find God?

¹ Why, Lord, do you stand far off? Why do you hide yourself in
times of trouble? **Psalm 10:1, NIV**

¹ Now faith is confidence in what we hope for and assurance
about what we do not see. ² This is what the ancients were
commended for. **Hebrews 11:1-2, NIV**

I will commit to living in _____, not _____.

**What about when the bottom is dropping out and life is out
of control?**

⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let
your gentleness be evident to all. The Lord is near. ⁶ Do not be
anxious about anything, but in every situation, by prayer and
petition, with thanksgiving, present your requests to God. ⁷ And
the peace of God, which transcends all understanding, will
guard your hearts and your minds in Christ Jesus.

Philippians 4:4-7, NIV

I will recall that disaster or conflict is _____ for God.

**What about when I'm completely terrified? What's the
correct move: Fight, flight or freeze?**

¹ God is our refuge and strength, an ever-present help in
trouble. ² Therefore we will not fear... ¹⁰ He says, "Be still, and
know that I am God; I will be exalted among the nations, I will
be exalted in the earth." ¹¹ The Lord Almighty is with us; the
God of Jacob is our fortress. **Psalm 46:1-2a, 10-11, NIV**

- When I fight, I will fight with _____.
- When I flee, I will flee to _____ in _____.
- When I freeze, I will _____, knowing _____ is
_____, and he is _____.

MEMORY VERSE

⁸ Come and see what the Lord has done... **Psalm 46:8, NIV**

My next step: I will return for the next message in the *Safe
Haven* series. I want to come and see what the Lord does.

What's your next step today?

Mark it on your Communication Card.