

CrossWalk **notes**

Jump!

Being Mindful of My Past

August 9, 2020 / Dan Solofra

¹⁶ For God so loved the world that he gave his one and only Son, that whoever **believes** in him shall not perish but have eternal life. **John 3:16, NIV**

All lasting relationships in our lives are built on _____.
Jesus shows me that God is _____ of my trust.

² **This is the account of Jacob's family line.** Joseph, a young man of seventeen, was tending the flocks with his brothers, the sons of Bilhah and the sons of Zilpah, his father's wives, and he brought their father a bad report about them. ³ Now Israel **loved Joseph more than any of his other sons**, because he had been born to him in his old age; and he made an ornate robe for him.

⁴ When his brothers saw that their father loved him more than any of them, **they hated him** and could not speak a kind word to him. **Genesis 37:2-4, NIV**

All of us come with a _____.

Be aware! Your _____ colors your _____.

¹² Now his brothers had gone to graze their father's flocks near Shechem, ¹³ and Israel said to Joseph, "As you know, your brothers are grazing the flocks near Shechem. Come, I am going to send you to them." "Very well," he replied. ¹⁴ So he said to him, "Go and see if all is well with your brothers and with the flocks, and bring word back to me. . . . So Joseph went after his brothers and found them near Dothan. ¹⁸ But they saw him in the distance, and before he reached them, they plotted to kill him. ¹⁹ "Here comes that dreamer!" they said to each other. ²⁰ "Come now, let's kill him and throw him into one of these cisterns and say that a ferocious animal devoured him. Then we'll see what comes of his dreams." **Genesis 37:12-14^a, 17^b-20, NIV**

Those with whom we were to have a trust relationship
have _____ and _____ hurt us.

²¹ When Reuben heard this, **he tried to rescue him** from their hands. "Let's not take his life," he said. ²² "Don't shed any blood. Throw him into this cistern here

in the wilderness, but don't lay a hand on him." Reuben said this to rescue him from them and **take him back to his father.**

²³ So when Joseph came to his brothers, they stripped him of his robe—the ornate robe he was wearing—²⁴ and they took him and threw him into the cistern. The cistern was empty; there was no water in it. **Genesis 37:21-24, NIV**

Very rarely do we know the _____ from our past.

²⁶ Judah said to his brothers, "What will we gain if we kill our brother and cover up his blood? . . . ²⁸ So when the Midianite merchants came by, his brothers pulled Joseph up out of the cistern and sold him for twenty shekels of silver to the Ishmaelites, who took him to Egypt. . . . ³¹ Then they got Joseph's robe, slaughtered a goat and dipped the robe in the blood. ³² They took the ornate robe back to their father and said, "We found this. Examine it to see whether it is your son's robe." ³³ He recognized it and said, "It is my son's robe! Some ferocious animal has devoured him. Joseph has surely been torn to pieces." ³⁴ Then Jacob tore his clothes, put on sackcloth and mourned for his son many days. ³⁵ All his sons and daughters came to comfort him, but he refused to be comforted. "No," he said, "I will continue to mourn until I join my son in the grave." So his father wept for him.

³⁶ Meanwhile, the Midianites sold Joseph in Egypt to Potiphar, one of Pharaoh's officials, the captain of the guard. **Genesis 37:26-36, NIV (selected verses)**

Each of us now _____ with our past.

¹⁰ I delight greatly in the Lord; my soul rejoices in my God. For he has clothed me with **garments of salvation** and arrayed me in a **robe of his righteousness**, as a bridegroom adorns his head like a priest, and as a bride adorns herself with her jewels. **Isaiah 61:10, NIV**

The beauty of my past and present is _____.

He gives me a _____ of righteousness from God.

MEMORY VERSE

¹⁰ I delight greatly in the Lord; my soul rejoices in my God. For he has clothed me with **garments of salvation** and arrayed me in a **robe of his righteousness**, **Isaiah 61:10^a, NIV**

My next step: I will be honest about the pain and the beauty of my past. I will remember that God's mercy is an integral part of my story.

What's your next step today?

Mark it on your Communication Card.