

## What Am I (not) Doing for Christmas

### Simplicity

December 1, 2019 / Chris Johnson

**Intro: Do you find yourself getting more stressed during the holiday season?**

<sup>38</sup> *As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him.* **Luke 10:38, NIV**

**Martha's \_\_\_\_\_ isolated her from Jesus' \_\_\_\_\_.**

<sup>39</sup> *She had a sister called Mary, who sat at the Lord's feet listening to what he said.* <sup>40</sup> *But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"* **Luke 10:39-40, NIV**

**Satan twists the \_\_\_\_\_ to become \_\_\_\_\_ when we push \_\_\_\_\_ out of the good.**

<sup>41</sup> *"Martha, Martha," the Lord answered, "you are worried and upset about many things,* <sup>42</sup> *but few things are needed – or indeed only one. Mary has chosen what is better, and it will not be taken away from her."* **Luke 10:41-42, NIV**

**Our \_\_\_\_\_ too often causes us to \_\_\_\_\_.**

<sup>6</sup> *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.* **Philippians 4:6, NIV**

<sup>25</sup> *Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?* **Matthew 6:25, NIV**

I have an \_\_\_\_\_ to help me \_\_\_\_\_.

### MEMORY VERSE

<sup>6</sup> *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.* **Philippians 4:6, NIV**

**My next step:** I will say "no" to one thing on my schedule so that I can say "yes" to reading the 5 day Youversion Bible Reading Plan, "The Ruthless Elimination of Hurry."

What's your next step today?

Mark it on your Communication Card.