

## What Am I (not) Doing for Christmas Sabbath

December 8, 2019 / Dan Solofra

What are the “warning lights” in your life that show you that you need a tune-up?

<sup>28</sup> *“Come to me, all you who are weary and burdened, and I will give you rest. Matthew 11:28, NIV*

Do you relate more to being rested in Jesus or wearied by life? The \_\_\_\_\_ we crave comes from \_\_\_\_\_ in Jesus.

<sup>1</sup> *Thus the heavens and the earth were completed in all their vast array.* <sup>2</sup> *By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work.* <sup>3</sup> *Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done. Genesis 2:1-3, NIV*

There was a time when even God’s creating work was \_\_\_\_\_ and needed to be \_\_\_\_\_.

<sup>8</sup> *“Remember the Sabbath day by keeping it holy.* <sup>9</sup> *Six days you shall labor and do all your work,* <sup>10</sup> *but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. Exodus 20:8-10, NIV*

<sup>17</sup> *He is before all things, and in him all things hold together.* <sup>18</sup> *And he is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy. Colossians 1:17-18, NIV*

It is human nature to \_\_\_\_\_ God’s greatness and \_\_\_\_\_ my need to hold things together.

<sup>11</sup> *For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy. Exodus 20:11, NIV*

Resting is not a \_\_\_\_\_ of time. It is a strategic \_\_\_\_\_ and time to tap into God’s strength.

<sup>9</sup> *There remains, then, a Sabbath-rest for the people of God;* <sup>10</sup> *for anyone who enters God’s rest also rests from their works, just as God did from his. Hebrews 4:9-10, NIV*

We celebrate our Sabbath-rest every time we receive and offer \_\_\_\_\_ that was won by \_\_\_\_\_.

<sup>11</sup> *Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience. Hebrews 4:11, NIV*

The \_\_\_\_\_ of rest is often the clearing of calendars and schedules to spend time with God. (\_\_\_\_\_)

### MEMORY VERSE

<sup>9</sup> *There remains, then, a Sabbath-rest for the people of God. Hebrews 4:9, NIV*

**My next step:** I will stop and spend time plugging into Jesus and his strength. I will look for opportunities to clear my calendar and my mind of all the things that clutter them.

What’s your next step today?

Mark it on your Communication Card.