

Silence Breakers

Sex is a Big Deal

February 11, 2018 / Dan Solofra

L _____.

E _____.

A _____.

D _____.

¹⁸ The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him." Genesis 2:18, NIV

All people are made with a need for _____ and _____.

¹⁹ Now the LORD God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. ²⁰ So the man gave names to all the livestock, the birds in the sky and all the wild animals. **But for Adam no suitable helper was found.** Genesis 2:19-20, NIV

Even though we can enjoy other blessings that God has given us, there is no substitute for _____.

Suitable helper = one who _____ me.

²¹ So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh. ²² Then the LORD God made a woman from the rib he had taken out of the man, and he brought her to the man. Genesis 2:21-22, NIV

Take in the beauty of man and woman being _____ by God for each other.

²³ The man said, "This is now bone of my bones and flesh of my flesh; she shall be called 'woman,' for she was taken out of man." Genesis 2:23, NIV

Sex is a big deal: First of all, sex is _____.

²⁴ That is why a man leaves his father and mother and is united to his wife, and they become one flesh. Genesis 2:24, NIV

Sex is a big deal: Sex is _____.

It is part of a process in which an individual _____.

It is part of a process in which a couple _____.

Sex is like God's _____ for marriage.

²⁵ Adam and his wife were both naked, and they felt **no shame.** Genesis 2:25, NIV

Sex is a big deal: God _____ sex inside of marriage.

God _____ sex in marriage with its own commandment.

When facing _____ and _____ from a sexual past, I turn to Jesus who _____ and _____ me.

²⁵ Husbands, love your wives, just as Christ loved the church and **gave himself up for her** ²⁶ to make her holy, cleansing her by the washing with water through the word, ²⁷ and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but **holy and blameless.** Ephesians 5:25-27, NIV

MEMORY VERSE

²⁴ That is why a man leaves his father and mother and is united to his wife, and they become one flesh. Genesis 2:24, NIV

My next step: I will thank God for the gift that he gives me in community and intimacy with other people. I will confess sexual sin and let Jesus take away my shame and guilt. I will value and protect God's gift of sex by using it as he directs.

What's your next step today?

Mark it on your Communication Card.

Impact Groups – Silence Breakers
Sex is a Big Deal

Breaking the Ice: Share some Valentine’s Day memories you have from when you were a child.

Having the conversation: *Break into two groups.* One group of only women and the other of only men.

On a scale of 1-10 how comfortable are you with having a discussion about sex. Give a rationale for the number you choose.

Is it more comfortable to talk about this subject with someone of your own gender? Why or why not?

As a child where did you get the most information about the subject of sex? Did you feel you were ready for it when you got it?

If a 25 year old told you that they were sexually abused as a child, how would you encourage them to move forward? What type of help would you offer them personally?

Is there anything your group wants to share with the other group as you go forward with this conversation? If so, write it down and have one person share it with the other group as you come back together.

Studying God’s Word – Read: Genesis 2:18-22
It is not good for man to be alone. We know this is true, in prison solitary confinement is even used as a punishment. Why is being alone or lonely so painful?

In this portion of the Bible God says it is not good for man to be alone and institutes marriage. In another part of the

Bible Paul suggests Christians not get married. How do you harmonize those two thoughts?

God creates sex Read Genesis 3:21-25
The term “suitable helper” means “one who completes”. In what way do a man and a woman complete each other?

How would you explain how sex between a man and a woman unites them in marriage?

Making an impact.
Leaders – Please have group member watch this video:
<https://youtu.be/SyifuKv4vxE>

As you watch, identify 4 steps for making an impact:

O _____.
I _____.
L _____.
S _____.

For greater Impact:
1) Identify one person with whom you would like to invest time in this week and use the OILS approach.
2) In the next weeks of group, share how your conversation went!

If time allows:
If you are interested in a good article on gender confusion go to: <https://www.thegospelcoalition.org/article/the-christian-response-to-gender-dysphoria/>

Close with Prayer