

## Reset

### My Body is a Temple

January 19, 2020 / Dan Solofra

<sup>27</sup> Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind. **Luke 10:27, NIV**

We reset by \_\_\_\_\_ our entire being around God.

<sup>12</sup> "I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but I will not be mastered by anything. **1 Corinthians 6:12, NIV**

Do we ask ourselves the \_\_\_\_\_ when it comes to our bodies?

Don't ask "Is this \_\_\_\_\_?", but "Is this an \_\_\_\_\_?"

Don't use \_\_\_\_\_ to make yourself a \_\_\_\_\_.

<sup>13</sup> You say, "Food for the stomach and the stomach for food, and God will destroy them both." The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body. **1 Corinthians 6:13, NIV**

It is foolish to think that what I do with my \_\_\_\_\_ has no bearing or connection to my \_\_\_\_\_.

<sup>14</sup> By his power God raised the Lord from the dead, and he will raise us also. <sup>15</sup> Do you not know that **your bodies are members of Christ himself?** **1 Corinthians 6:14-15, NIV**

Our bodies are kind of a \_\_\_\_\_. Thanks to Jesus we will be spending an \_\_\_\_\_ with them in heaven.

Shall I then take the members of Christ and unite them with a prostitute? Never! <sup>16</sup> Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh." <sup>17</sup> But whoever is united with the Lord is one with him in spirit.

**1 Corinthians 6:15<sup>b</sup>-17, NIV**

A body destined for eternity is meant for \_\_\_\_\_ but not \_\_\_\_\_ behavior.

<sup>18</sup> Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body.

**1 Corinthians 6:18, NIV**

Sexual behavior \_\_\_\_\_ in both good and bad ways that we need to understand.

<sup>19</sup> Do you not know that **your bodies are temples** of the Holy Spirit, who is in you, whom you have received from God? **You are not your own;** <sup>20</sup> you were bought at a price. Therefore honor God with your bodies. **1 Corinthians 6:19-20, NIV**

Our bodies are God's \_\_\_\_\_.

<sup>8</sup> For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. **1 Timothy 4:8, NIV**

I will train my body and my soul to enjoy not only a \_\_\_\_\_ life, but an \_\_\_\_\_ life.

## MEMORY VERSE

*You are not your own;* <sup>20</sup> you were bought at a price. Therefore honor God with your bodies. **1 Corinthians 6:19a-20, NIV**

**My next step:** My body is a temple in which the Holy Spirit resides. I will take care of my body and use it as an instrument of praise and worship to God.

What's your next step today?

Mark it on your Communication Card.