

CrossWalk **notes**

Bounce Back

Rest in Jesus

January 3, 2021 / Dan Solofra

⁶ Therefore since **it still remains for some to enter that rest**, and since those who formerly had the good news proclaimed to them did not go in **because of their disobedience**, ⁷ God again set a certain day, calling it “Today.” This he did when a long time later he spoke through David, as in the passage already quoted:

“Today, if you hear his voice,
do not harden your hearts.” **Hebrews 4:6-7, NIV**

_____ is a gift that is promised to no one.

Today is the day to _____ to God’s voice.

⁸ For if Joshua had given them rest, God would not have spoken later about another day. ⁹ There remains, then, a Sabbath-rest for the people of God; **Hebrews 4:8-9, NIV**

_____ = “It is finished”

The ultimate fulfillment of Sabbath-rest is _____.

¹⁰ for anyone who enters God’s rest also rests from their works, just as God did from his. ¹¹ Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience. **Hebrews 4:10-11, NIV**

On the 7th day of creation, like an artist, God said,

“It is _____.” He enjoyed a perfect

masterpiece in a perfect _____ with mankind.

¹² For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. ¹³ Nothing in all creation is hidden from God’s sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account. **Hebrew 4:12-13, NIV**

God wants me to be finished with _____. With his law he performs _____ to identify and remove it from my life.

¹⁴ Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. ¹⁵ For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. **Hebrews 4:14-15, NIV**

As our High Priest Jesus said “_____!”
when he gave his perfect life to pay for mine on the cross.

¹⁶ So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most. **Hebrews 4:16, NLT**

God gives me rest when I need it the _____.

I will make his rest a _____ part of my life.

MEMORY VERSE

¹⁶ So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most. **Hebrews 4:16, NLT**

My next step: I will make every day of 2021 an “It is finished” day. I will remember the rest Jesus won for me, I will look forward to my rest in heaven and I will enjoy God’s grace and mercy in my time of need.

What’s your next step today?

Mark it on your Communication Card.